



# Post-Birth Bleeding: What to Know

Every birth is different, but we want you to know that **we are ready to care for you no matter what**. Women can be at risk for bleeding during or after childbirth.

## Tell someone as soon as possible if you have any of these signs of Obstetric Hemorrhage (too much bleeding):

- Bleeding that is soaking through one pad or more per hour
- Blood clots the size of an egg or bigger
- If your bleeding has increased
- If you are in pain
- If you do not feel right, even if you can't explain why



## What to expect if bleeding is an issue:

If you are at a higher risk for bleeding, you may see:

- More than one IV
- More staff in the room during birth
- More tests and checks
- More medications and supplies in the room during birth

You may also need:

- Medication to help stop bleeding
- Use of medical tools to help stop bleeding
- Blood transfusion (receiving blood from a donor)
- Additional procedures in the operating room

## Here is what we are doing to keep you safe:

- Routine bleeding-risk checks
- Routine measurement of blood loss at birth
- Fast access to blood
- Fast access to medications
- Fast access to emergency supplies
- Ongoing training for doctors, nurses, and staff

**Tell us if you need additional support,  
we are here for you!**