

## Naval Hospital Okinawa Dry Weights for Quantitative Blood Loss

1oz= 28grams

1 gram= 1ml

Items	Dry Weight (grams)	How many	Items	Dry Weight (grams)	How many
Maternity Pad 	12 grams		Sterile Lap (OR) 	24 grams	
Large White Chux (LDR) 	150 grams		Bath Towels 	Large: 400 gm Small: 210 gm Rag: 30 gm	L: S: R:
Large Orange Chux (LDR) 	100 grams		Blue towel (OR) 	66 grams	
Blue Disposable Chux Pad 	38 grams		Sponge Counting Bag 	23 grams  263 grams w/ 10 Laps	
Maternal Gown (Blue) 	350 grams		Bed Sheet (flat) 	490 grams	
			Bed Sheet (fitted) 	680 grams	
Lap with Ring (OR) 	23 grams		X-Ray Detectable Sponge 	5 grams	
				<b>TOTAL DRY WEIGHT:</b>	<div style="border: 2px solid blue; width: 100px; height: 60px; margin: 0 auto;"></div>

**SCRATCH AREA**  
(FOR FASTER RESULTS WEIGH EVERYTHING TOGETHER AND THEN SUBTRACT DRY WEIGHTS)

Amniotic Fluid: \_\_\_\_\_  
Irrigation Fluid: (+) \_\_\_\_\_  
= \_\_\_\_\_ total non-blood fluid

Total WET wt: \_\_\_\_\_  
Total DRY wt: \_\_\_\_\_  
Total Non Blood Fluid: (+/-) \_\_\_\_\_

QBL =

**TOTAL QBL** \_\_\_\_\_

Reasoning for (-) total non-blood fluid: total remaining irrigation will be noted at the EOC and subtracted from total ML placed on back table. When added to the amniotic fluid, it will total more than what is in the container at the EOC. If it's a significant hemorrhage, it will be a (+) number.

FOR STAFF USE ONLY. NOT PART OF PATIENT PERMANENT RECORD. SHRED AFTER USE.  
 PLACE SCALE ON BEDSIDE TABLE. REMOVE EVERYTHING OFF BEDSIDE TABLE FOR ACCURATE WEIGHT.